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## 10 Things you should know about Fall Safety

1. Leading edges must be protected if they're greater than 4ft high!
2. If you're higher than 6ft you must tie-off or put up a guardrail!
3. Open holes are dangerous because, people occasionally don't look where they're going!
4. A safety net must be used if there's no other practical alternative!
5. You must train workers how to wear, inspect and maintain their fall protection gear!
6. If you are above grade, you must be protected from impalement!
7. Anchor points must be rated for 5,000 lbs strength per person!
8. Is there a safer way to do the job? I.E. can it be done on the ground?
9. A Self Retracting Lifeline will stop your fall quicker than a 6 ft lanyard
10. Plan your RESCUE- If you fall, and are hanging in mid-air, how do we get down ? You have only 15 minutes- what are you going to do?