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10 Things you should know about Fall Safety

- 1. Leading edges must be protected if they're greater than 4ft high!
- 2. If you're higher than 6ft you must tie-off or put up a guardrail!
- 3. Open holes are dangerous because, people occasionally don't look where they're going!
- 4. A safety net must be used if there's no other practical alternative!
- 5. You must train workers how to wear, inspect and maintain their fall protection gear!
- 6. If you are above grade, you must be protected from impalement!
- 7. Anchor points must be rated for 5,000 lbs strength per person!
- 8. Is there a safer way to do the job? I.E. can it be done on the ground?
- 9. A Self Retracting Lifeline will stop your fall quicker than a 6 ft lanyard
- 10.Plan your RESCUE- If you fall, and are hanging in mid-air, how do we get down? You have only 15 minutes- what are you going to do?